

REX WELLNESS CENTERS

DISCOUNT FOR RETIRED STATE EMPLOYEES ONLY



Membership Fees

Enrollment:

- \$0 individual
- \$0 couple/family

Dues:

- \$51 individual
- \$91 couple
- \$91+\$15/month for each added family member

The Wellness Centers

Our state-of-the-art facilities and wellness programs offer you the motivation, resources, and support you need to change your life through healthy eating and exercise.

A Great Beginning

At Rex Wellness Centers, there is no such thing as a one-size-fits-all exercise program. Once you become a member, we will conduct a variety of assessments to figure out the best wellness plan for you.

Join the Wellness Center

Becoming a member is easy. When you are ready to join, bring proof of your employment to the facility. You may tour the facility and exercise that day!

Join the Wellness Center

Please contact us with any questions. We can't wait to hear from you!

Raleigh

4200 Lake Boone Trail
Raleigh, NC 27607
(919) 784-1371

Cary

1515 SW Cary Parkway
Cary, NC 27511
(919) 387-0080

Garner

1400 Timber Drive E.
Garner, NC 27529
(919) 661-6100

Wakefield

11200 Galleria Ave
Raleigh, NC 27614
(919) 570-1511

Knightdale

6602 Knightdale Blvd #300
Knightdale, NC 27545
(919) 747-5360